



Weekly Timetable of Events

	Monday	Tuesday	Wednesday	Thursday	Friday
AM	10am-12noon Peer Support Group	9.30am-3pm Legal Surgery 10am-12noon AIM Programme	10am-12noon Recovery Toolkit	10am-12noon AIM Programme	10am-1pm Employability Skills Workshops
PM	12.30pm-2.30pm Behind the Mask Drama & Arts Group (from 4 th Dec) 4pm-5.30pm– Helping Hands Programme	1pm-3pm Letting off Steam 4.30pm-6pm C&YP Programme 1 6.30pm-8pm C&YP Programme 2	2pm-4pm Young Person’s AIM Programme 6pm-8pm Make the Change Programme	1pm-3pm Urdu AIM Programme (runs according to demand)	

Places on programmes are limited and therefore need to be booked in advance.

For more information about any of the groups/ activities listed please contact The Wish Centre on 01254 260465

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